

Community Engagement & Outreach

JULY | AUGUST | SEPTEMBER 2026

LOUISVILLE CLINICAL & TRANSLATIONAL RESEARCH CENTER'S NEWSLETTER TO INFORM AND EDUCATE OUR COMMUNITY

KNOWLEDGE EXCHANGE SESSION

SATURDAY, AUGUST 1ST

Food is Medicine: Community and Research Partnerships Addressing Food Insecurity

Join community members, researchers, local organizations and healthcare professionals for an interactive knowledge exchange exploring the connection between food access, health and wellbeing.



MODERATED BY:
Gabe Jones, Jr., PhD
Assistant Professor,
UofL School of
Public Health and
Information
Sciences

EVENT PANELISTS



Rhona Bowles
Kamar
Founder,
Feed
Louisville



Taylor Ryan
Founder and
Exec. Dir.,
of Change
Today,
Change
Tomorrow



Kim Williams, MD
Chairman
of UofL
Medicine and
UofL Health
Cardiologist

COMMUNITY BREAKOUT PRESENTERS



**FOOD
DEMO
BY:**



RESEARCH BREAKOUT PRESENTERS



**CATERED
BY:**



CHILDCARE provided by The Better Together Collective, and can be requested in your registration.



WHEN

**Saturday,
August 1, 2026
1-4 p.m. EST**
Networking and
Refreshments: 1 p.m.

WHERE

**Baxter
Community Center**
1125 West Liberty St.
Louisville, KY 40203

EVENT REGISTRATION

This event is free, but
registration is
required.
To register
Click or Scan
QR Code »



LCTRC COMMUNITY ENGAGEMENT SPOTLIGHT:

Inspiring Future Community Problem Solvers

What would you do if a new family moved into your neighborhood and didn't know where to find food, healthcare or community resources?

That was one of the questions youth tackled during LCTRC Community Health Worker Courtney's visit to *I Would Rather Be Reading* (IWRBR) for its annual Game Changers Week, a program focused on educating youth on sports, wellness and marketing careers.

Working with three different groups of students at IWRBR's West and South Louisville locations, participants became "Community Health Detectives" by building healthy neighborhoods and responding to real-world community challenges. As each challenge card was introduced, the groups worked together to think critically about the ways a Community Health Worker could help connect people with resources and support.

The creativity and empathy the students brought to each scenario was inspiring. Their ideas reflected not only thoughtful problem-solving but also a desire to help others and strengthen their communities.

Opportunities like these allow LCTRC to introduce young people to the important role Community Health Workers play while encouraging the next generation of community leaders.

We are grateful to I Would Rather Be Reading for the opportunity to partner during Game Changers Week and look forward to collaborating again.

HOW TO GET STARTED

Participate in a UofL Clinical Trial

There are many ways to find out about clinical trials conducted at University of Louisville. Most people ask their doctor or the health professional whom they see most often. Other people actively look for clinical trials online or in other places, hoping to find more options for treatment.

HOW YOU CAN PARTICIPATE IN A CLINICAL TRIAL

Those interested in volunteering for a study are encouraged to browse for all the trials that are open to recruitment at UofL. Visitors can search for trials by department, or by disease or condition or drug name.

A valuable resource for clinical trials list is CenterWatch which publishes a list of both industry-sponsored and government-funded clinical trials for cancer and

other diseases. You can search by location, disease or condition, or drug name.

ResearchMatch (www.researchmatch.org/) is a program that connects researchers with people like you, who want to help UofL and other institutions solve humankind's greatest health problems.

You can also visit the **National Institutes of Health (NIH)** (clinicaltrials.gov/) website which has an even larger database of clinical trials.

WHAT HAPPENS WHEN YOU CONTACT US?

During the study screening, our clinical research staff will briefly explain the study and discuss the risk and benefits of participating in the study. You will be asked few questions to determine your

eligibility to take part in the study

If you are eligible, you will be asked to visit the clinic for a physical examination and completion of any required enrollment documentation. If you are not eligible, we will not keep your information in our records, but you can contact our team in the future if other trials are available. If you want your information to be retained, register on ResearchMatch.

WHAT STUDIES ARE LOOKING?

We are seeking volunteers to participate in our on-going clinical studies. A complete list of **open to enrollment trials** (fms.ctu.louisville.edu/fmi/webd/hidra_WDGA?script=TrialsList) is available - just click on the titles of the studies for a summary. Scan the QR Code to learn about any of the open enrollment clinical trials.



Gray Street Farmers Market

The Gray Street Farmers Market (GSFM) at 316 E. Chestnut St., began in 2009 as an outreach program of the UofL School of Public Health and Information Sciences, done in partnership with Common Earth Gardens and Louisville Metro Department of Public Health & Wellness.

FOOD ACCESS PROGRAMS

We operate "Fresh Rx" and "Passport to Produce" programs which provides free food to families on Medicaid. Double Dollars Program makes healthy food more affordable for individuals who receive SNAP benefits. For more info, stop by our information booth or email Mateo Barnett at: mbarnett@archlou.org.

SENIOR FARMERS MARKET NUTRITION PROGRAM (SrFMNP)

Seniors (60+) who qualify are provided with \$50 loaded onto a debit card to purchase fresh, unprocessed, locally grown fruits, honey, vegetables and herbs at approved farmers markets. Individuals can sign up for these benefits at Louisville's Neighborhood Places, the L&N Building on Broadway, and at the Nulu/Phoenix Hill Farmers Market. The GSFM also has double dollar vouchers for those in the SrFMNP.

Bridging Knowledge: Understanding Eating Disorders Together

On May 12th, 2026, the Louisville Clinical and Translational Research Center (LCTRC) welcomed nearly 50 community members, healthcare professionals, researchers, advocates and individuals with lived experience to Logsdon Community Center in Owensboro for our Knowledge Exchange Session, Bridging Knowledge: Understanding Eating Disorders Together.

Eating disorders are often misunderstood, despite affecting millions of individuals and families across the country. They are also a topic many people feel uncomfortable discussing, which can make it difficult for those who are struggling to seek help or know where to turn for support. The goal of this Knowledge Exchange was to create a space where people could learn, ask questions, hear different perspectives and leave with a better understanding of eating disorders and the resources available.

Uniquely the Knowledge Exchange model brings together researchers, community organizations and individuals with lived experience around a shared conversation. While each group brings different knowledge and expertise, meaningful progress happens when those perspectives are shared openly and accessibly.

Research is most impactful when it reaches the people it is intended to serve. Too often, important findings remain within academic journals, conference presentations, or technical reports that can be difficult for the public to access or understand. Knowledge Exchange Sessions help bridge that gap by translating research into everyday language and creating opportunities for community members to engage directly with researchers. When people understand the research, they are better equipped to recognize health concerns,

advocate for themselves and their loved ones, and support efforts that improve community health.

The evening featured three outstanding speakers: **Dennis H. Wilson**, Founder and President of Aubrey's Song Foundation for Eating Disorders, shared a community and advocacy perspective rooted in awareness, prevention, education and support. Through both personal passion and professional experience, Wilson discussed common misconceptions about eating disorders, the importance of recognizing warning signs early, and the critical role communities play in supporting individuals and families affected by these conditions.

**Research
Community
Lived Experience** } Meaningful solutions happen when all three come together.

Dr. Cheri Levinson, Licensed Psychologist, Clinical Supervisor, and Professor at the University of Louisville, provided a research and clinical perspective. Levinson discussed the challenges associated with current treatment approaches and shared exciting updates about research being conducted by her team. Attendees learned about innovative work focused on developing more personalized treatments for eating disorders, including what could become the first new treatment developed in the field in decades. Hearing directly from a researcher leading this work helped attendees better understand not only the science behind eating disorders, but also the real-world impact research can have on improving care.

The evening also featured **Jaime Daniel**, a public health advocate and individual with lived experience. Daniel's willingness to share her personal journey brought a powerful

human element to the discussion. Her story reminded attendees that eating disorders affect real people, families, and communities. By speaking openly about recovery, challenges, and the importance of support, Jaime helped create a deeper understanding of what living with and recovering from an eating disorder can look like.

Following the presentations, attendees participated in a panel discussion and question-and-answer session that allowed the conversation to continue across perspectives. Community members had the opportunity to engage with speakers, ask questions and learn more about available resources.

One of the strongest themes to emerge throughout the evening was the importance of connection. Whether through research, advocacy, clinical care or lived experience, each speaker emphasized that recovery is possible and that no one should have to navigate these challenges alone. By bringing together people who understand the science, people working on the front lines in the community and people who have lived through the experience themselves, attendees were able to see not only the challenges surrounding eating disorders, but also the hope, support and what resources were available.

Events like this demonstrate the value of making research accessible and ensuring that community voices remain part of the conversation. When researchers, community organizations, healthcare professionals and community members come together, we strengthen our ability to address complex health challenges.

The LCTRC extends its sincere appreciation to Dennis H. Wilson, Dr. Cheri Levinson, Jaime Daniel, Aubrey's Song Foundation for Eating Disorders, our community vendors and everyone who attended this important discussion.

Accessible Housing: A Community Need Hiding in Plain Sight

For most of us, our home is a place of comfort, safety and independence. But for thousands of Louisville residents living with disabilities, finding a home that truly meets their needs is a challenge.

A newly released white paper from Gathering Strength, *Disabling Infrastructures: The (In)accessible Housing Crisis in Louisville, KY*, reveals that Louisville is facing a significant shortage of accessible housing—one that affects not only people with disabilities but also our aging population and anyone who may experience a temporary or permanent disability in the future.

THE NUMBERS TELL THE STORY

The report estimates that Louisville has: 18,310 households that include a wheelchair user. Only 3,032 wheelchair-accessible housing units available.

That means approximately six households are competing for every one accessible home. These numbers represent more than statistics—they represent families struggling to find homes.

WHY ACCESSIBLE HOUSING MATTERS

Accessible housing is about much more than ramps and wider doorways. It is a key social determinant of health that supports independence, reduces injuries, promotes mental well-being, and allows people to remain active members of their communities.

When homes are inaccessible, individuals may face increased risks of falls, social isolation, declining health or even premature placement in long-term care facilities.

Accessible homes help people of all ages and abilities live with dignity while reducing healthcare costs and strengthening communities.

LOOKING AHEAD

As Louisville's population continues to age, the need for accessible

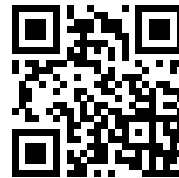
housing will only increase. The report calls on community leaders, policymakers, developers and residents to work together to:

- Expand the supply of accessible and affordable housing.
- Improve policies and incentives that encourage construction.
- Better track and identify accessible housing throughout the community.
- Include people with disabilities in planning and decision-making efforts.

ACCESSIBILITY BENEFITS

One of the report's most powerful messages is that disability can touch anyone at any time. Whether through aging, illness or an unexpected accident, accessibility is something we may eventually need ourselves or for someone we love.

Read the entire White Paper Report. Click or Scan QR Code » or go to: bit.ly/4fgp2qd



Gathering Strength
For Living Your Best Life

SHOW UP. BUILD HOPE.



SAVE THE DATES



JULY 26, 27TH & 28TH

COMING TO OWENSBORO

Location: Owensboro Convention Center
501 West 2nd St.
Owensboro, KY 42301

Dress for Less Gala

Sunday, July 26th, 2026

Doors open 5PM, event to start 6PM

An evening to celebrate the work Catholic Charities does and to lift up our volunteers throughout the diocese.

Have the opportunity to tour the museum and get inspired. Museum is available to the public these times below.

July 26 from 2PM-6PM Volunteer Outreach & Kickoff

July 27 from 10AM-6PM Health Fair & Community Resource Day

July 28 from 10AM-2PM Advocacy & Action on Food Insecurity

STAY UP TO DATE WITH INFORMATION AT
OWENSBORODIOCESE.ORG/PEOPLE-OF-HOPE

LEARN MORE ABOUT THE MUSEUM AT PEOPLEOFHOPE.US

CELEBRATING EXCELLENCE

LCTRC Core Board Members Honored at the 2026 Hip Hop Fraternity Kentucky Proclamation and Citation Ceremony

Louisville Community Transformation & Resource Center (LCTRC) proudly congratulates our esteemed Community Engagement & Outreach Core Board Members **Dennisha Rivers, Taylor Ryan, Kristen Williams** and **Angela Masden** on being recognized during the 2026 Hip Hop Fraternity (HHF) Kentucky Proclamation and Citation Ceremony.

This prestigious recognition celebrates individuals whose leadership, service and dedication are creating meaningful and lasting impacts throughout Kentucky communities. Through their unwavering commitment to youth empowerment, mentorship, outreach, community engagement and leadership development, these remarkable women continue to inspire positive change and help build stronger futures for generations to come.

At LCTRC, we are honored to have leaders who exemplify excellence, compassion and a deep commitment to serving others. Their collective efforts have strengthened families, empowered young people, and advanced opportunities that enrich our communities every day.

We join HHF Kentucky in celebrating not only their accomplishments but also the countless lives they have touched through their vision, dedication and service.

Congratulations, Dennisha Rivers, Taylor Ryan, Kristen Williams and

Angela Masden, on this well-deserved honor. Your leadership continues to inspire us all to dream bigger, serve with purpose and create lasting change. The future is brighter because of your commitment and passion for community impact.

CONGRATULATIONS

TO EVERYONE CHANGING THE LIVES OF YOUNG PEOPLE!

Today we celebrate the organizations, mentors, educators, ministries, entrepreneurs, and community leaders who are making a lasting difference in the lives of Kentucky's youth. Your dedication, passion, and commitment are inspiring the next generation and building stronger communities.

2026 HHF KENTUCKY PROCLAMATION & CITATION CEREMONY RECIPIENTS

1. Change Today, Change Tomorrow	16. The Arabian Federation Martial Arts Academy
2. Play Cousins Collective	17. Vision of Life Outreach Ministries
3. California United	18. T. Marie Consulting – Tiny Tycoons & Mini Moguls
4. Chain Broken Dance Ministry	19. Friends of Nicole Mentoring – 50/50 Collaborative
5. Sparrow House	20. The Kentucky Hip Hop Project
6. The Voyage Movement	21. The Prophecy Foundation
7. One Lexington	22. Make It Count Consulting
8. Amircalade Lemonade Company	23. Coach Bruce Sweeney
9. Black Boy Joy Club	24. WeAllWeGot502 Inc.
10. West End Arts Project	25. Louisville PTO
11. The Young Prodigy's	26. Shelon Gist – JCPS Teacher
12. Sowing Seeds with Faith	27. Building Life Through Sports
13. The Hope Bus	28. True Believers in Christ Ministries “A Chance to Make It” youth group
14. Glitz Academy	29. Evangelist Nikki Cooper The Bishop Table
15. Jayla Glover	

THANK YOU FOR LEADING, SERVING, MENTORING, INSPIRING, AND EMPOWERING THE NEXT GENERATION!

TOGETHER, WE ARE BUILDING STRONGER YOUTH. STRONGER COMMUNITIES. STRONGER FUTURES!

 YOUTH LEADERSHIP Developing confident leaders who make a positive impact.	 OUTREACH Reaching our communities with resources, support, and hope.	 ENTREPRENEURSHIP Encouraging innovation, business ownership, and financial freedom.	 INSPIRING Motivating the next generation to dream big and achieve more.	 MENTORING Guiding, supporting, and building relationships that last a lifetime.
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'Keep Leading. Keep Serving. Keep Inspiring.'
THE FUTURE IS BRIGHTER BECAUSE OF YOU!

@HIPHOPFRATERNITYKY
#HIPHOP4CHANGE